

EVS - INFO PACK

V for Volunteering

Long Term EVS

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PROJECT PROPOSAL

DESCRIPTION

„V for Volunteering” is a Erasmus+ volunteering project where 10 volunteers from 5 countries will undergo 12 months stages in Romania. The stages will be organized in 2 flows. The first one will have 5 volunteers (from Turkey, Portugal, Greece, Italy and Spain) and the second one again 5 (again from Turkey, Portugal, Greece, Italy and Spain), each time the volunteers spending 12 months in Romania. The project will take place in 5 locations, in 5 middle/high-schools, although the volunteers will participate in many other activities as well (camps, events, campaigns, seminars etc.).

INTRODUCTION OF RESITA

Resita is a mountain town of about 73.000 people located in the south western part of Romania. 3 centuries ago, the first furnace was opened in the city, from then on Resita becoming a major industrial center all the way until today.

Resita lays in the middle of Banat Mountains, so to live in Resita means having greenery and mountains in your sight at any time, while still enjoying the perks of urban life. Two national parks, Semenic – Caras Gorge and Nera Gorge – Beusnita, provide quick access to hiking trails, off-road experiences, wild nature and spectacular scenery. Three hydro plant lakes – Secu, 3 Ape and Gozna – are a treat for those with a passion for fishing or kayaking. Lakeside leisure sites like Casa Baraj, Aquaris, 3 Ape attract regular visitors from neighboring counties in search for fun, sunbathing or a dive into the crisp waters at Valiug and Brebu.



The reality in Resita is that when it comes to youth work and volunteering at the local level, we could do better. Motivation in youngsters is rather low, as volunteering is not considered a very pragmatic (or financially rewarding) occupation. That's why through these 12 months we have high hopes that we can actually bring some change in the lives of the people in the community as well as the youngsters who drop off from school, people with disabilities and so on, motivate those who are willing to see change at local level, cooperate with the local youngsters and showing them our work.

As such, one of our main goals is to improve the educational services within the communities, and for this we will do educational activities with the youngsters and the local volunteers (e.g. foreign language lessons, games, team building activities, taking responsibility for their actions, recycling etc.), we will work in schools as well as do field activities and through these we hope to achieve a more active social society.

The learning outcomes of the volunteers (YOU!) are one of our priorities as well, particularly around social, intercultural and personal skills; work experience in the pedagogical field; English and Romanian language knowledge; confidence and independence.

The working program will be 5 days/week with 6 hours/day, and 2 days of additional vacation every month. Mentor sessions and language courses are included in the working hours.

PROJECT OBJECTIVES

01

SCHOOLS

improve inclusion, and participation in schools

02

VOLUNTARY WORK

Promote volunteering, through a wide range of activities

03

ACTIVE CIVIC

Promote involvement of young people from Resita

04

WORK WITH CHILDREN

Learn how to work with children, young people

05

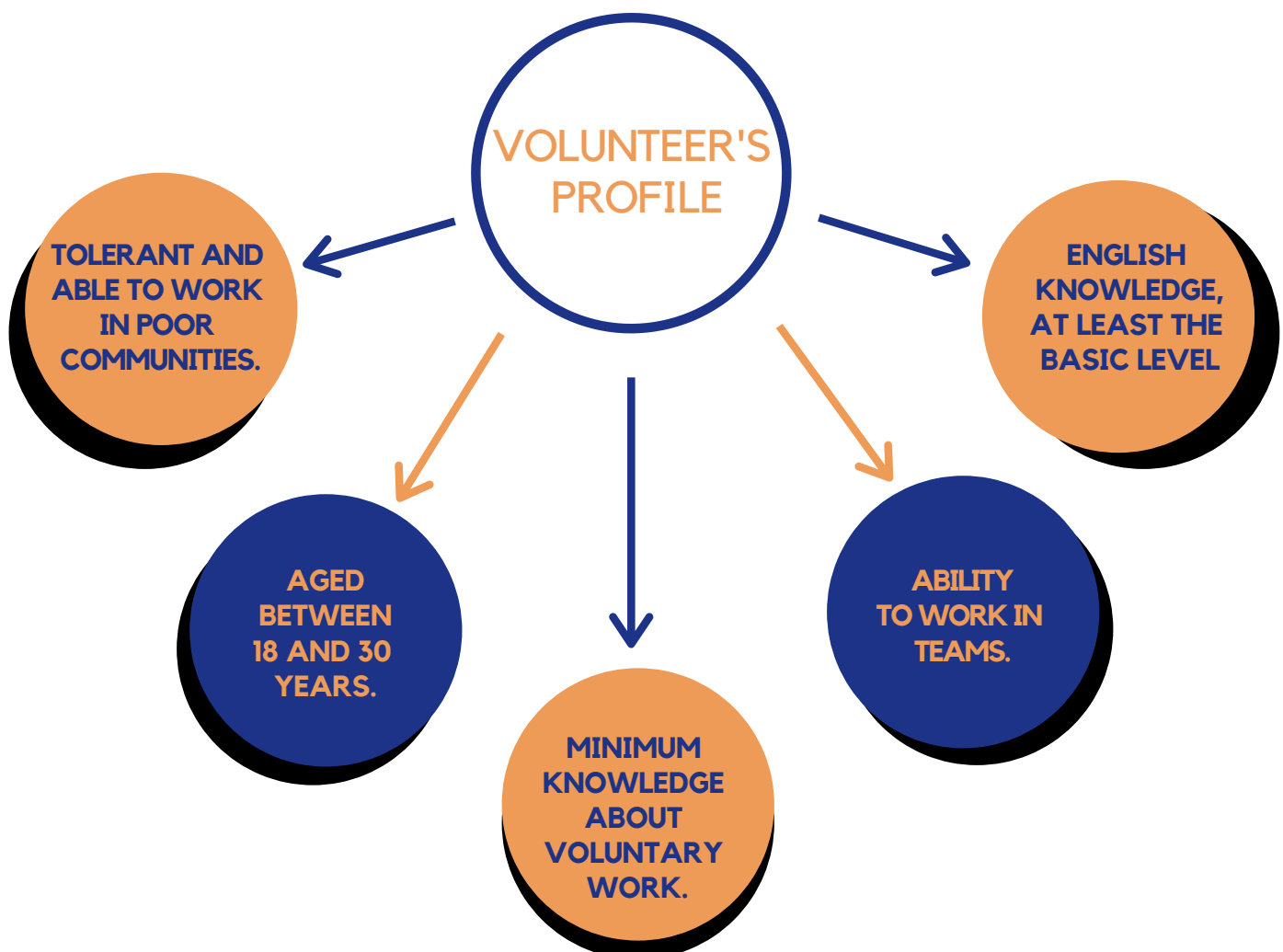
SKILLS AND COMPETENCES

Coordinating and organizing educational, civic and inclusive activities

MAIN ACTIVITIES

The main activities in which the volunteers will be involved for 12 months are:

- Daily activities in the form of language classes in schools (both with teachers and alone in after-school) in 5 middle/high-schools, using nonformal education methods with the aim to make the educational activity more attractive for kids;
- Awareness campaigns relating to the need for an active youth and how the Erasmus+ programme is contributing to that;
- Monthly activities to promote Erasmus+ and volunteering, and to recruit new volunteers;
- Volunteering activities at various events organised by our associate partners;
- Projects of the volunteers (individual or in teams) which promote civic involvement, participation, volunteering and tolerance in Resita once every 3 months.



FOOD AND ACCOMMODATION:

The volunteers will be hosted in a rented apartment, with single or double bedrooms. In the apartment there are all the necessary conditions for a good life. Rent and utilities (water, gas, electricity) will be paid by the hosting NGO.

TRANSPORT:

Transport (at local level) will be provided by the hosting NGO, in this case Nevo Parudimos, which will give each volunteer the necessary money to buy a monthly transport pass in the city, so that you can enjoy free public transportation.

MONEY AND PRICES:

Life in Romania is cheap, comparing to the other EU countries, here 1 EURO = 4.5 RON. A bread costs around 40 eurocents, a beer at a pub is 1 EURO, to eat in the city a menu (1st course + 2nd course) is around 3 - 5 EURO, so all in all Romania is a pretty cheap country to live in. Of course, the volunteers will have a monthly budget which is calculated based on the Erasmus + rules for volunteers, and they will have the responsibility of managing their expenses as well.

ABOUT THE YOUTHPASS :

All participants in the Erasmus+ volunteer programme have the option of receiving a Youthpass certificate which proves their participation in the project.

Youthpass is a tool to document and recognize learning outcomes from youth work activities. It is available for projects funded by Erasmus+: Youth in Action (2014-2020). It is a part of the European Commission's strategy to foster the recognition of non-formal learning, putting policy into practice and practice into policy.

Your sending NGO should provide all relevant information about the Youthpass certificate and you can also check it yourself on the official website <https://www.youthpass.eu/en/>

HOW TO PARTICIPATE :

To complete the application, we ask you to fill in the form that you can find in the following link :) <https://goo.gl/forms/RAf1VzFvoObSTOUt2>



HEALTH INSURANCE!

You are required to make use of your European Health Insurance Card. Simply show it to your health care provider at the time of your treatment. This will already cover part of your expenses.

Your Cigna insurance will then cover the remaining expenses. In case you are not eligible for a European Health Insurance Card or the card is not accepted by the health care provider, your

Cigna insurance will cover you for all your expenses according to the following overview:

Your sending NGO is obliged to help you with receiving this international (Cigna) insurance card, keep in mind though that Emergencies in Romania are free of charge, however it is good to come here prepared with everything since it is a 1 year activity.

Cigna insurance is a very supportive insurance package, which will take care of any health problems you might have free of charge. Normally, this works on a reimbursement basis (you pay for your medical expenses and then you get the money from Cigna), but in the case of large sums you can pay after reimbursement.

Be careful though, as cosmetic or unnecessary treatments will not be eligible.

US, YOUR HOSTS!

Nevo Parudimos Association it's a nonprofit apolitical organization which was founded by a group of teachers, Roma activists and Roma students from Caras-Severin county, in the south-west of Romania in 2008. The aim of the Nevo Parudimos association is to decrease the economic, social, educational and cultural differences in the society.

Nevo's main way of trying to achieve its objectives is through the Erasmus+ programme. We work on pretty much all the levels of E+, but we especially focus on Youth Exchanges, Mobilities for Youth Workers and, of course, Voluntary Activities (formerly known as EVS – European Voluntary Service).

Nevo currently hosts another 5 international volunteers from another E+ project, and in October, in addition to these and in addition to you and your 4 colleagues, we will host another 5 international volunteers, which means that by the end of the year there will be 15 of you in Resita, just from our organization – which will definitely make the environment far more entertaining!

They, together with you, will volunteer in schools and kindergartens, in our office's (located in the local University campus) theater/dance and game rooms, in our Youth Exchange camp, throughout the city on events and with other partner organizations.

See you in Resita!